

2012-08-12 Tri-The-Lough results

Pos	Bib	Name	Cat	Swim	T1	Cycle	T2	Run	Finish
1	147	Brian Campbell	M35-39	00:09:57	00:00:51	00:33:09	00:00:43	00:17:35	01:02:12
2	68	Noel Collins	M20-24	00:09:53	00:00:40	00:32:52	00:00:39	00:19:35	01:03:37
3	194	stephen duncan	M40-44	00:11:56	00:01:10	00:33:23	00:00:41	00:17:02	01:04:10
4	133	Michael McGloin	M35-39	00:11:45	00:00:50	00:32:06	00:00:51	00:18:58	01:04:29
5	96	Neville O'Neill	M30-34	00:12:02	00:00:51	00:32:35	00:00:33	00:20:00	01:06:00
6	200	Peter Neill	M40-44	00:12:22	00:00:57	00:33:40	00:00:41	00:18:34	01:06:12
7	146	Graham Barr	M35-39	00:12:38	00:00:54	00:33:33	00:00:37	00:18:35	01:06:15
8	63	Lorcan Healy	M20-24	00:11:14	00:00:44	00:34:18	00:00:32	00:19:54	01:06:39
9	69	Daniel Quigley	M20-24	00:11:28	00:00:44	00:35:30	00:00:33	00:19:17	01:07:31
10	67	Bernard Cullagh	M20-24	00:10:59	00:00:41	00:35:16	00:00:36	00:20:08	01:07:39
11	226	Chris McGuigan	M45-49	00:13:34	00:00:52	00:33:26	00:00:38	00:19:26	01:07:54
12	170	Clifford Rodgers	M40-44	00:10:51	00:00:42	00:35:10	00:00:42	00:21:28	01:08:50
13	225	Tony McNulty	M45-49	00:11:52	00:00:57	00:35:11	00:00:53	00:20:15	01:09:08
14	145	Fergus McGirr	M35-39	00:12:21	00:00:51	00:35:05	00:00:41	00:20:44	01:09:39
15	82	NIALL MC ENHILL	M25-29	00:12:19	00:01:01	00:35:06	00:00:37	00:20:50	01:09:51
16	245	Bryce Irvine	M40-44	00:13:56	00:01:04	00:32:50	00:01:09	00:21:16	01:10:13
17	108	Alvaro San Miguel	M30-34	00:11:27	00:00:52	00:36:05	00:00:39	00:21:21	01:10:23
18	151	mark daffy	M35-39	00:12:45	00:01:02	00:34:28	00:00:57	00:21:15	01:10:26
19	172	shane mc gale	M40-44	00:11:35	00:00:57	00:37:06	00:00:40	00:20:15	01:10:32
20	90	CONOR MCKENNA	M30-34	00:10:23	00:00:53	00:36:30	00:00:39	00:22:27	01:10:49
21	239	EAMON HILL	M50-54	00:12:37	00:00:54	00:36:47	00:00:44	00:19:59	01:11:00
22	179	Dermot McElhinney	M40-44	00:14:16	00:01:32	00:35:50	00:00:48	00:18:41	01:11:06
23	124	james beattie	M35-39	00:11:55	00:01:05	00:36:48	00:00:43	00:20:39	01:11:09
24	191	Jarlath Fearon	M45-49	00:12:26	00:01:14	00:35:04	00:00:38	00:21:53	01:11:13
25	189	Dermott McElhone	M40-44	00:12:12	00:00:56	00:36:31	00:00:45	00:21:00	01:11:22
26	142	DARRAN LAGAN	M35-39	00:16:15	00:00:50	00:34:17	00:00:37	00:20:01	01:11:59
27	244	Larry McAteer	M40-44	00:13:16	00:01:11	00:35:41	00:00:42	00:21:31	01:12:19
28	30	Julie Murphy	F35-39	00:11:12	00:01:00	00:38:47	00:00:38	00:21:13	01:12:48
29	169	Rodney Young	M40-44	00:14:20	00:01:25	00:34:49	00:00:50	00:21:36	01:12:58
30	228	glen pollock	M45-49	00:12:47	00:01:17	00:36:15	00:00:43	00:22:07	01:13:08
31	195	David Losty	M40-44	00:14:38	00:01:06	00:37:14	00:00:54	00:19:20	01:13:09
32	45	Maeve Maher-McWilliams	F25-29	00:12:30	00:00:55	00:37:33	00:00:39	00:21:51	01:13:25

2012-08-12 Tri-The-Lough results

Pos	Bib	Name	Cat	Swim	T1	Cycle	T2	Run	Finish
33	202	Joe Mc Connellogue	M40-44	00:13:23	00:01:06	00:35:12	00:00:51	00:23:08	01:13:38
34	36	Sarah neary	F30-34	00:14:59	00:01:28	00:36:24	00:00:44	00:20:10	01:13:43
35	99	Peter Jones	M30-34	00:13:50	00:01:19	00:34:41	00:00:47	00:23:13	01:13:48
36	117	Charles Russell	M60-64	00:13:32	00:01:01	00:37:06	00:00:46	00:21:51	01:14:14
37	232	frank dunlop	M50-54	00:13:25	00:01:14	00:35:44	00:00:50	00:23:07	01:14:19
38	173	Mark McLaughlin	M40-44	00:12:52	00:01:00	00:35:55	00:00:42	00:24:08	01:14:35
39	175	Chris Ross	M40-44	00:14:39	00:01:25	00:36:41	00:01:03	00:20:57	01:14:43
40	152	Thomas McCallion	M35-39	00:14:25	00:00:52	00:37:42	00:00:42	00:21:04	01:14:43
41	106	Brian Maxwell	M30-34	00:11:37	00:01:02	00:39:42	00:00:36	00:22:27	01:15:21
42	110	Eoin Mullan	M30-34	00:14:11	00:02:29	00:39:01	00:00:29	00:19:13	01:15:23
43	185	Eamon Harkin	M40-44	00:13:42	00:01:16	00:37:53	00:00:37	00:22:01	01:15:28
44	58	Chris Surgeoner	M15-19	00:11:43	00:01:21	00:37:53	00:00:48	00:23:58	01:15:41
45	114	Peter McLaughlin	M50-59	00:14:56	00:01:22	00:36:37	00:01:01	00:21:50	01:15:45
46	227	George Graham	M45-49	00:16:21	00:01:14	00:36:27	00:00:58	00:20:57	01:15:55
47	131	Jonathan McLaren	M35-39	00:13:27	00:01:15	00:39:30	00:00:49	00:20:59	01:15:58
48	71	ryan rainey	M25-29	00:13:09	00:01:22	00:38:16	00:00:49	00:22:28	01:16:01
49	81	kevin Smyth	M25-29	00:16:24	00:01:04	00:35:15	00:00:37	00:22:50	01:16:08
50	86	Paddy Mulroe	M30-34	00:15:25	00:01:21	00:35:48	00:00:49	00:22:49	01:16:10
51	171	Paul Duffy	M40-44	00:17:13	00:01:22	00:35:25	00:00:47	00:21:40	01:16:25
52	46	jennifer algar	F25-29	00:11:24	00:00:57	00:41:04	00:00:44	00:22:18	01:16:25
53	181	Roger Harkness	M40-44	00:15:49	00:01:38	00:36:40	00:01:07	00:21:16	01:16:27
54	105	Thomas Long	M30-34	00:11:53	00:01:48	00:41:42	00:00:52	00:20:21	01:16:33
55	180	Gary McGale	M40-44	00:15:16	00:01:33	00:38:12	00:00:58	00:20:38	01:16:35
56	103	Andrew McMurray	M30-34	00:15:44	00:01:16	00:37:32	00:00:47	00:21:29	01:16:46
57	167	Ciaran McKenny	M40-44	00:14:23	00:01:30	00:37:53	00:00:54	00:22:22	01:16:59
58	135	Garvin Doherty	M35-39	00:14:23	00:01:24	00:39:50	00:00:48	00:20:41	01:17:04
59	54	MARK MURRAY	M15-19	00:13:11	00:01:09	00:39:35	00:00:34	00:22:52	01:17:20
60	154	Niall Clancy	M35-39	00:14:37	00:01:29	00:36:45	00:00:47	00:23:45	01:17:21
61	209	paul mcgilloway	M45-49	00:14:54	00:01:25	00:37:58	00:01:01	00:22:09	01:17:25
62	75	Gualter Graca	M25-29	00:11:25	00:01:53	00:38:38	00:01:07	00:24:27	01:17:28
63	138	Barry Dinsmore	M35-39	00:16:07	00:01:35	00:38:01	00:00:49	00:21:01	01:17:31
64	159	andrew maguire	M35-39	00:14:17	00:01:10	00:41:28	00:00:39	00:19:59	01:17:31

2012-08-12 Tri-The-Lough results

Pos	Bib	Name	Cat	Swim	T1	Cycle	T2	Run	Finish
65	56	stephen ballard	M15-19	00:13:01	00:01:13	00:39:40	00:00:50	00:22:49	01:17:31
66	85	RONAN O'REILLY	M30-34	00:15:13	00:01:33	00:36:01	00:01:04	00:23:44	01:17:33
67	53	Emmett Mullan	M15-19	00:11:50	00:00:54	00:40:36	00:00:34	00:23:42	01:17:35
68	102	Joseph Coyle	M30-34	00:13:42	00:00:58	00:38:42	00:00:42	00:23:34	01:17:36
69	153	Gavin O'Kane	M35-39	00:13:33	00:02:22	00:38:03	00:01:02	00:22:45	01:17:44
70	55	Eamon Logue	M15-19	00:16:30	00:01:43	00:38:57	00:00:34	00:20:08	01:17:50
71	120	Dominic Teague	M35-39	00:11:47	00:01:32	00:39:04	00:00:42	00:24:47	01:17:51
72	126	Patrick Heaney	M35-39	00:15:14	00:01:36	00:37:00	00:00:58	00:23:17	01:18:02
73	107	Sean Heaney	M30-34	00:13:13	00:01:34	00:39:35	00:00:40	00:23:07	01:18:08
74	214	stevie ballard	M45-49	00:12:32	00:01:52	00:39:58	00:01:00	00:22:48	01:18:08
75	121	Philip Hunter	M35-39	00:18:49	00:01:55	00:35:21	00:00:46	00:21:26	01:18:16
76	92	paul slavin	M30-34	00:14:57	00:01:36	00:38:08	00:00:47	00:22:57	01:18:22
77	127	gary mc crory	M35-39	00:16:12	00:01:31	00:39:03	00:00:58	00:20:49	01:18:31
78	7	Joanne Bingham	F45-49	00:14:43	00:00:52	00:39:29	00:00:35	00:23:05	01:18:42
79	230	James Taylor	M50-54	00:14:18	00:01:29	00:39:18	00:00:49	00:23:05	01:18:56
80	165	Eugene Haigney	M40-44	00:15:37	00:01:18	00:38:24	00:01:01	00:22:40	01:18:58
81	206	Dwyer O'Hagan	M45-49	00:13:06	00:01:20	00:40:25	00:00:40	00:23:34	01:19:03
82	51	Emma - Jo Mc Connellogue	F15-19	00:10:58	00:00:51	00:41:58	00:00:42	00:24:37	01:19:04
83	248	Team McBride	Relay	00:13:13	00:01:01	00:41:58	00:00:47	00:22:15	01:19:12
84	216	Simon Feehan	M45-49	00:13:05	00:00:59	00:38:22	00:00:45	00:26:20	01:19:30
85	162	Neil McFlynn	M35-39	00:16:28	00:01:25	00:38:13	00:00:37	00:22:54	01:19:35
86	198	ronan murphy	M40-44	00:16:24	00:01:21	00:39:02	00:00:50	00:22:13	01:19:47
87	242	Liam Og McGrath	M35-39	00:16:07	00:01:51	00:36:17	00:00:47	00:24:51	01:19:51
88	212	stephen rice	M45-49	00:16:47	00:01:57	00:38:17	00:01:01	00:21:55	01:19:55
89	57	John McQuade	M15-19	00:13:54	00:02:01	00:41:00	00:00:45	00:22:22	01:19:59
90	104	Chris McNevison	M30-34	00:14:51	00:02:07	00:38:07	00:00:53	00:24:12	01:20:09
91	129	Declan O'Brien	M35-39	00:15:31	00:00:59	00:39:34	00:00:56	00:23:15	01:20:13
92	95	Tim Brown	M30-34	00:17:15	00:01:45	00:40:23	00:00:34	00:20:52	01:20:47
93	207	Carl King	M45-49	00:13:58	00:01:24	00:37:55	00:00:56	00:26:38	01:20:47
94	187	Andrew Mulholland	M40-44	00:16:05	00:01:21	00:40:47	00:01:01	00:21:36	01:20:49
95	220	tommy kerrigan	M45-49	00:17:33	00:01:36	00:37:56	00:00:50	00:23:06	01:21:00
96	243	Chris Gallagher	M35-39	00:13:37	00:01:24	00:41:09	00:01:08	00:23:55	01:21:12

2012-08-12 Tri-The-Lough results

Pos	Bib	Name	Cat	Swim	T1	Cycle	T2	Run	Finish
97	26	Deirdre Haigney	F35-39	00:14:51	00:01:03	00:39:38	00:00:52	00:24:56	01:21:18
98	80	Kyle Law	M25-29	00:19:24	00:01:22	00:35:46	00:01:00	00:23:49	01:21:19
99	42	Christine McMaster	F25-29	00:14:05	00:01:06	00:40:47	00:00:58	00:24:35	01:21:28
100	8	Alison McConnell	F45-49	00:14:44	00:01:02	00:39:14	00:00:56	00:25:51	01:21:44
101	88	Feilim Gormley	M30-34	00:14:32	00:01:25	00:40:31	00:01:04	00:24:16	01:21:47
102	190	Ciaran Campbell	M40-44	00:16:34	00:01:30	00:39:52	00:00:57	00:23:01	01:21:52
103	247	Ciaran Cariolan	M40-44	00:14:19	00:01:20	00:40:46	00:00:57	00:24:40	01:22:00
104	139	TONY GRAY	M35-39	00:14:22	00:01:09	00:40:39	00:00:43	00:25:12	01:22:02
105	240	david mcconnell	M50-54	00:17:16	00:01:38	00:38:14	00:01:02	00:24:03	01:22:11
106	208	David Montgomery	M45-49	00:14:58	00:01:16	00:38:09	00:01:03	00:26:50	01:22:14
107	101	Fergal O'Donnell	M30-34	00:16:28	00:01:31	00:41:24	00:00:33	00:22:22	01:22:16
108	87	Brian Bradley	M30-34	00:16:18	00:01:30	00:39:50	00:00:43	00:24:05	01:22:24
109	229	Martin McLaughlin	M45-49	00:15:46	00:03:26	00:41:35	00:01:52	00:19:51	01:22:28
110	136	Ronan Gormley	M35-39	00:16:29	00:02:19	00:37:27	00:01:20	00:24:57	01:22:30
111	132	Brian Sinclair	M35-39	00:15:12	00:01:04	00:39:48	00:00:41	00:25:55	01:22:39
112	109	Conor Preshaw	M30-34	00:15:06	00:01:21	00:39:16	00:01:11	00:25:50	01:22:41
113	224	Gerry Mc Dermott	M45-49	00:13:56	00:01:47	00:39:47	00:01:17	00:25:57	01:22:41
114	182	Brian Scullion	M40-44	00:16:55	00:01:00	00:38:55	00:00:48	00:25:05	01:22:42
115	128	Stephen Murtagh	M35-39	00:18:33	00:01:33	00:39:33	00:00:57	00:22:10	01:22:44
116	39	Emma Kerr	F30-34	00:16:27	00:01:10	00:38:51	00:00:36	00:25:47	01:22:49
117	62	Matthew McHenry	M20-24	00:13:57	00:01:56	00:43:39	00:01:18	00:22:09	01:22:57
118	158	Ian Cullen	M35-39	00:16:24	00:01:34	00:39:51	00:01:02	00:24:17	01:23:05
119	100	Eddie Molly	M30-34	00:17:33	00:01:55	00:40:43	00:01:10	00:21:56	01:23:15
120	23	orlagh colton	F40-44	00:14:46	00:01:10	00:41:22	00:00:48	00:25:24	01:23:30
121	123	Gerard Lundy	M35-39	00:13:47	00:01:18	00:41:26	00:00:50	00:26:14	01:23:33
122	174	greg lennon	M40-44	00:19:21	00:01:30	00:37:04	00:00:57	00:24:58	01:23:47
123	84	Fergal Leonard	M30-34	00:15:05	00:01:26	00:39:37	00:01:14	00:26:28	01:23:48
124	31	Anne Killen	F35-39	00:15:32	00:02:09	00:42:05	00:01:01	00:23:09	01:23:53
125	9	Janet McDevitt	F45-49	00:14:34	00:01:33	00:42:49	00:01:02	00:24:15	01:24:11
126	166	Trevor Mills	M40-44	00:17:11	00:01:46	00:40:15	00:00:50	00:24:15	01:24:16
127	223	paddy mc gilloway	M45-49	00:15:52	00:01:36	00:39:18	00:01:02	00:26:29	01:24:16
128	17	Maria Curran	F40-44	00:16:41	00:01:48	00:40:37	00:00:57	00:24:32	01:24:33

2012-08-12 Tri-The-Lough results

Pos	Bib	Name	Cat	Swim	T1	Cycle	T2	Run	Finish
129	211	Pauric Quinn	M45-49	00:17:20	00:01:51	00:40:08	00:01:02	00:24:16	01:24:34
130	91	Michael Phillips	M30-34	00:17:16	00:01:21	00:39:53	00:00:45	00:25:22	01:24:36
131	155	Richard Patterson	M35-39	00:14:16	00:01:54	00:41:59	00:01:14	00:25:37	01:24:58
132	59	Nelson Shanks	M20-24	00:18:26	00:02:35	00:38:00	00:00:47	00:25:21	01:25:07
133	186	Andrew Goodwin	M40-44	00:14:48	00:01:54	00:43:12	00:01:08	00:24:16	01:25:16
134	48	Fiona Murphy	F20-24	00:11:39	00:01:47	00:45:20	00:01:05	00:25:28	01:25:17
135	41	Colleen Connolly	F30-34	00:17:09	00:01:12	00:42:03	00:00:51	00:24:08	01:25:22
136	161	Christopher Quinn	M35-39	00:16:10	00:02:05	00:43:00	00:00:37	00:23:34	01:25:23
137	231	Peter Jack	M50-54	00:16:44	00:02:01	00:42:04	00:01:16	00:23:23	01:25:26
138	98	Gavin Corrigan	M30-34	00:21:17	00:02:49	00:36:34	00:00:59	00:23:55	01:25:32
139	199	Sean Fox	M40-44	00:20:01	00:01:07	00:40:06	00:00:57	00:23:47	01:25:56
140	89	Conor McKay	M30-34	00:14:15	00:02:14	00:42:28	00:00:59	00:26:09	01:26:04
141	28	Anne Duffy	F35-39	00:13:43	00:01:28	00:41:37	00:01:04	00:28:28	01:26:19
142	137	Ronan Cunningham	M35-39	00:17:37	00:01:37	00:39:44	00:01:25	00:25:58	01:26:20
143	177	Sean Curran	M40-44	00:17:17	00:01:34	00:39:23	00:01:01	00:27:12	01:26:26
144	234	Paul McGuinness	M50-54	00:14:45	00:01:43	00:42:04	00:01:07	00:26:51	01:26:28
145	122	vivian hamill	M35-39	00:16:39	00:01:50	00:40:27	00:00:56	00:26:40	01:26:31
146	148	Paul Harris	M35-39	00:15:34	00:01:52	00:43:05	00:01:00	00:25:17	01:26:46
147	13	Cathy Cunningham	F40-44	00:12:12	00:01:09	00:44:13	00:00:40	00:28:38	01:26:51
148	94	Paddy Mullan	M30-34	00:17:35	00:03:07	00:42:54	00:00:43	00:22:45	01:27:03
149	219	Dominic Clarke	M45-49	00:15:24	00:01:48	00:45:30	00:01:14	00:23:28	01:27:21
150	115	Albert Law	M50-59	00:19:29	00:02:26	00:40:26	00:02:34	00:22:39	01:27:32
151	188	eugene corr	M40-44	00:17:11	00:02:00	00:41:49	00:01:13	00:26:01	01:28:11
152	38	Deborah Hayden	F30-34	00:13:44	00:01:56	00:44:26	00:00:46	00:27:24	01:28:15
153	222	Gary Mitchell	M45-49	00:19:24	00:02:04	00:43:12	00:00:46	00:22:51	01:28:15
154	33	Lorraine Cullen	F35-39	00:18:51	00:01:40	00:42:56	00:00:37	00:24:17	01:28:20
155	130	Ciaran McCavana	M35-39	00:18:47	00:01:53	00:43:23	00:01:07	00:23:33	01:28:41
156	178	Seamus Casey	M40-44	00:22:37	00:01:25	00:40:18	00:00:47	00:23:36	01:28:42
157	221	William McClure	M45-49	00:16:09	00:01:36	00:43:27	00:01:05	00:26:42	01:28:57
158	205	Barry O'Riordan	M40-44	00:16:39	00:02:07	00:42:33	00:01:04	00:26:46	01:29:07
159	37	Lisa Wallace	F30-34	00:14:50	00:01:30	00:42:31	00:01:00	00:29:23	01:29:12
160	218	Gareth Yule	M45-49	00:20:54	00:02:14	00:39:12	00:01:19	00:25:53	01:29:29

2012-08-12 Tri-The-Lough results

Pos	Bib	Name	Cat	Swim	T1	Cycle	T2	Run	Finish
161	201	JEFF MC LAUGHLIN	M40-44	00:21:47	00:02:07	00:39:47	00:01:14	00:24:39	01:29:32
162	149	Gareth Doherty	M35-39	00:17:08	00:03:09	00:44:35	00:00:52	00:24:00	01:29:43
163	203	Richard Dunseath	M40-44	00:16:43	00:01:46	00:43:37	00:01:11	00:26:39	01:29:54
164	64	Adrian Kelly	M20-24	00:13:49	00:02:22	00:49:57	00:01:01	00:23:12	01:30:20
165	233	Stephen Murphy	M50-54	00:16:02	00:02:06	00:46:02	00:00:54	00:25:25	01:30:27
166	118	Team O Donnell	Relay	00:20:42	00:01:58	00:42:15	00:00:52	00:24:54	01:30:38
167	238	PETER MC CAMPBILL	M50-54	00:16:32	00:01:55	00:41:54	00:01:12	00:29:30	01:31:01
168	213	Michael Mc Glade	M45-49	00:22:31	00:02:32	00:40:36	00:01:00	00:24:37	01:31:14
169	156	Paddy Gribbin	M35-39	00:15:19	00:02:36	00:44:59	00:02:00	00:26:47	01:31:40
170	22	Wendy McCulla	F40-44	00:15:40	00:02:07	00:47:09	00:00:40	00:26:38	01:32:13
171	73	Michael Lennon	M25-29	00:20:46	00:02:20	00:44:02	00:01:24	00:23:45	01:32:14
172	150	eoghan devlin	M35-39	00:19:15	00:02:00	00:44:07	00:00:59	00:25:59	01:32:18
173	19	Edele Curran	F40-44	00:14:42	00:01:29	00:42:58	00:00:47	00:32:57	01:32:50
174	163	Dermot Sweeney	M35-39	00:17:30	00:01:22	00:44:43	00:01:04	00:28:15	01:32:52
175	79	Sean Treanor	M25-29	00:17:00	00:02:21	00:42:51	00:01:04	00:29:46	01:32:59
176	4	anne mageean	F50-54	00:13:33	00:01:32	00:47:40	00:00:41	00:30:10	01:33:34
177	210	Brian Durnin	M45-49	00:17:38	00:02:07	00:46:53	00:01:08	00:27:09	01:34:52
178	119	Team Grimes	Relay	00:17:13	00:03:41	00:46:35	00:01:05	00:26:37	01:35:07
179	168	SEAN McCann	M40-44	00:19:01	00:02:44	00:43:56	00:01:04	00:28:30	01:35:13
180	193	Ashley Mcculla	M40-44	00:24:35	00:03:49	00:48:23	00:00:53	00:18:06	01:35:44
181	6	corinne cowden	F45-49	00:18:19	00:02:04	00:47:38	00:01:00	00:28:10	01:37:09
182	192	Sean McElroy	M40-44	00:17:58	00:03:27	00:44:41	00:01:45	00:29:30	01:37:19
183	237	Pat Cunningham	M50-54	00:18:37	00:02:11	00:46:11	00:01:36	00:29:19	01:37:53
184	47	Jenna Henning	F20-24	00:16:20	00:01:49	00:52:29	00:00:40	00:26:40	01:37:56
185	196	Mel Boyle	M40-44	00:18:32	00:02:11	00:46:37	00:01:35	00:29:25	01:38:19
186	70	Mark Franey	M25-29	00:17:25	00:02:31	00:47:37	00:01:35	00:29:44	01:38:50
187	112	Gerard Turbitt	M50-59	00:14:40	00:01:33	00:57:41	00:01:10	00:25:16	01:40:17
188	29	sharon curran	F35-39	00:22:25	00:01:30	00:47:16	00:01:15	00:27:57	01:40:20
189	97	Patrick kelly	M30-34	00:23:22	00:02:42	00:46:30	00:00:55	00:28:01	01:41:29
190	40	NIAMH COSTIGAN	F30-34	00:19:06	00:02:50	00:52:45	00:00:48	00:26:40	01:42:06
191	20	Debbie Ross	F40-44	00:18:16	00:02:11	00:53:14	00:00:42	00:28:37	01:42:59
192	43	Emma McLaughlin	F25-29	00:22:23	00:02:46	00:51:09	00:01:16	00:28:11	01:45:43

2012-08-12 Tri-The-Lough results

Pos	Bib	Name	Cat	Swim	T1	Cycle	T2	Run	Finish
193	49	Kieranna Mc Cormick	F20-24	00:17:33	00:02:23	00:49:21	00:00:48	00:37:49	01:47:51
194	27	Marilyn O'Riordan	F35-39	00:21:55	00:02:29	00:53:42	00:00:54	00:29:02	01:48:00
195	21	Michelle Price	F40-44	00:23:38	00:02:11	00:50:44	00:01:17	00:30:56	01:48:44
196	1	Majella Mc Cullagh	F55-59	00:23:33	00:01:33	00:49:08	00:00:47	00:36:38	01:51:38
197	50	Aishling Service	F20-24	00:23:09	00:02:01	00:51:08	00:01:32	00:34:21	01:52:10
198	116	Matin Mc Guigan	M60-64	00:18:56	00:03:41	00:54:15	00:01:28	00:36:43	01:55:02
199	11	nicola mccullagh daley	F45-49	00:19:01	00:03:11	00:53:46	00:01:28	00:40:42	01:58:06
200	74	William Devine	M25-29	00:28:43	00:03:22	01:02:32	00:01:01	00:25:30	02:01:06
201	14	Deborah Mullan	F40-44	00:26:07	00:02:50	00:53:35	00:01:24	00:37:27	02:01:21
202	83	patrick black	M25-29	00:33:22	00:02:36	00:55:23	00:01:39	00:30:46	02:03:45
DQ	184	adrian taggart	M40-44	00:24:34	00:01:53	00:51:39	00:01:04	1 lap	01:35:44
DQ	241	philip mcdonald	M50-54	00:17:16	00:01:51	00:37:28	00:00:53	1 lap	01:07:59
DQ	76	Michael Holland	M25-29	00:11:41	00:00:44	00:32:53	00:00:35	00:21:43	01:07:35