

2017-08-05 Tri-The-Lough results

Placing	Bib	Age group	First name	Last Name	Swim	T1	Bike	T2	Run	Finish
1	23	M20-29	Gavin	Corey	00:11:43	00:00:46	00:31:35	00:00:34	00:17:26	01:02:05
2	158	M30-39	Michael	Sinton	00:10:59	00:00:47	00:31:34	00:00:41	00:18:42	01:02:46
3	78	M14-19	Rob	Lawrence	00:11:50	00:01:03	00:31:14	00:00:37	00:18:42	01:03:29
4	14	M40-49	Philip	Castles	00:11:38	00:00:50	00:30:50	00:00:40	00:19:45	01:03:46
5	134	M30-39	Wayne	Morrow	00:11:40	00:01:17	00:31:10	00:00:44	00:19:29	01:04:22
6	178	Relay Male	Splash Flash and Dash		00:11:50	00:00:30	00:34:17	00:00:37	00:17:21	01:04:37
7	143	M20-29	Mark	Murray	00:10:52	00:00:58	00:34:17	00:00:39	00:19:17	01:06:05
8	128	M30-39	Chris	McNevison	00:12:28	00:00:50	00:32:33	00:00:39	00:19:35	01:06:07
9	59	M30-39	Craig	Harrison	00:13:32	00:00:50	00:32:31	00:00:41	00:18:47	01:06:24
10	124	M20-29	Daniel	Mcmanus	00:12:10	00:01:09	00:33:31	00:00:57	00:19:20	01:07:09
11	52	M30-39	Peter	Gilmore	00:16:14	00:00:47	00:31:33	00:00:44	00:18:10	01:07:30
12	39	M30-39	Mark	Farquhar	00:13:31	00:00:41	00:32:17	00:00:45	00:20:27	01:07:43
13	138	M30-39	Steven	Mulholland	00:11:52	00:00:46	00:35:23	00:00:41	00:20:01	01:08:46
14	140	M14-19	Michéal	Mullin	00:12:05	00:00:39	00:34:26	00:00:37	00:21:11	01:09:00
15	202	M30-39	Michael	Black	00:17:40	00:01:11	00:31:40	00:00:39	00:17:49	01:09:01
16	88	M40-49	Brendon	Marsh	00:13:28	00:00:56	00:34:47	00:00:40	00:20:53	01:10:47
17	151	M50-59	Glen	Pollock	00:12:46	00:01:18	00:35:19	00:00:52	00:20:51	01:11:08
18	11	M40-49	Stuart	Carley	00:12:06	00:01:08	00:35:12	00:00:53	00:21:58	01:11:20
19	55	M14-19	Colin	Gorman	00:10:53	00:00:52	00:37:54	00:00:48	00:21:16	01:11:45
20	125	M30-39	Kieran	Mcmoreland	00:16:06	00:01:10	00:33:40	00:00:57	00:19:55	01:11:50
21	109	M40-49	John	McCullagh	00:13:30	00:01:03	00:35:24	00:00:51	00:21:21	01:12:12
22	123	M30-39	Gary	McLean	00:11:55	00:01:44	00:34:43	00:01:11	00:22:40	01:12:14
23	67	M40-49	Bryce	Irvine	00:16:11	00:01:16	00:32:53	00:00:57	00:20:58	01:12:17
24	97	M30-39	Damian	McAlinden	00:14:43	00:01:00	00:35:43	00:00:42	00:20:34	01:12:43
25	152	M30-39	Mark	Rafferty	00:14:36	00:01:33	00:35:32	00:00:53	00:20:15	01:12:52
26	25	M30-39	Paul	Coyle	00:16:44	00:01:34	00:33:56	00:01:01	00:19:52	01:13:09
27	12	M50-59	Ciaran	Carolan	00:12:50	00:00:56	00:36:53	00:01:09	00:21:54	01:13:44
28	119	M30-39	Conor	McKavanagh	00:12:03	00:01:13	00:38:15	00:00:45	00:21:29	01:13:47
29	93	M40-49	Shane	Mc gale	00:11:47	00:01:02	00:39:16	00:00:42	00:21:01	01:13:50
30	172	M30-39	Jonathan	Wilson	00:13:56	00:01:21	00:36:01	00:00:44	00:21:52	01:13:55
31	90	M30-39	Peter	Mc camphill	00:12:15	00:01:06	00:36:13	00:00:42	00:23:56	01:14:14
32	3	M30-39	Mark	Allison	00:13:41	00:01:41	00:36:56	00:01:09	00:21:09	01:14:38

2017-08-05 Tri-The-Lough results

Placing	Bib	Age group	First name	Last Name	Swim	T1	Bike	T2	Run	Finish
33	169	M30-39	Keith	Weir	00:17:28	00:01:36	00:34:27	00:00:45	00:20:27	01:14:45
34	51	M40-49	Mark	Gillespie	00:15:45	00:01:00	00:34:26	00:01:08	00:22:27	01:14:48
35	193	F30-39	Kerry	McGrillen	00:14:22	00:00:53	00:37:58	00:00:43	00:21:09	01:15:06
36	33	M40-49	Brendan	Doherty	00:13:35	00:00:50	00:37:16	00:01:02	00:22:23	01:15:08
37	145	M50-59	Garth	Newberry	00:14:46	00:00:59	00:37:03	00:00:43	00:21:40	01:15:13
38	100	F40-49	Sinead	McCann	00:15:22	00:01:05	00:36:43	00:00:55	00:21:10	01:15:18
39	142	M30-39	Christopher	Murray	00:15:29	00:02:43	00:35:18	00:01:28	00:20:30	01:15:31
40	171	F20-29	Aoife	Wilson	00:13:17	00:00:47	00:37:18	00:00:38	00:23:47	01:15:49
41	136	M50-59	John-Joe	Muldoon	00:13:15	00:00:59	00:37:43	00:00:57	00:23:03	01:15:59
42	122	M60-69	Peter	McLaughlin	00:14:19	00:01:01	00:36:48	00:01:04	00:22:50	01:16:04
43	5	M30-39	Emmet	Boyle	00:14:40	00:00:58	00:37:02	00:00:46	00:22:41	01:16:08
44	17	M30-39	Shane	Collins	00:15:10	00:01:08	00:37:55	00:01:05	00:21:05	01:16:25
45	34	M40-49	Patrick	Doherty	00:14:13	00:01:10	00:36:08	00:01:06	00:23:46	01:16:25
46	20	M50-59	Dermot	Connolly	00:17:53	00:01:03	00:34:31	00:01:05	00:21:52	01:16:26
47	133	M30-39	Kevin	Morris	00:16:56	00:01:59	00:36:09	00:01:04	00:20:19	01:16:29
48	166	M30-39	Noel	Tierney	00:16:01	00:01:55	00:37:07	00:01:18	00:20:10	01:16:33
49	94	M40-49	Geoff	Mc gillian	00:15:40	00:01:34	00:38:17	00:01:00	00:20:09	01:16:41
50	126	F30-39	Alana	McMullan	00:17:24	00:01:03	00:36:14	00:00:43	00:21:33	01:16:59
51	56	M30-39	Brian	Hackett	00:16:41	00:01:14	00:35:41	00:01:00	00:22:31	01:17:10
52	91	M50-59	Barry	Mc cann	00:16:20	00:01:05	00:35:50	00:01:00	00:23:04	01:17:20
53	101	M40-49	Richard	Mccartney	00:17:33	00:01:07	00:35:55	00:00:58	00:22:02	01:17:37
54	155	M50-59	Clive	Robinson	00:15:47	00:01:13	00:36:38	00:00:55	00:23:06	01:17:42
55	135	M30-39	Richard	Mowlam	00:17:21	00:01:48	00:36:43	00:00:56	00:20:52	01:17:42
56	47	M30-39	Conor	Garrity	00:14:35	00:01:44	00:37:13	00:01:07	00:23:06	01:17:47
57	167	M60-69	Gerard	Turbitt	00:15:16	00:01:08	00:38:31	00:01:05	00:22:21	01:18:23
58	141	M30-39	Glenn	Murphy	00:15:55	00:01:25	00:36:54	00:00:50	00:23:22	01:18:28
59	74	M40-49	Brendan	Kelly	00:15:42	00:01:33	00:38:19	00:00:48	00:22:09	01:18:33
60	105	F50-59	Alison	Mcconnell	00:14:59	00:01:04	00:37:40	00:01:00	00:23:52	01:18:37
61	146	M30-39	Fergal	O'Donnell	00:15:31	00:01:20	00:39:19	00:01:18	00:21:09	01:18:39
62	71	M50-59	Trevor	Keith	00:16:17	00:01:27	00:37:00	00:01:32	00:23:16	01:19:34
63	70	M30-39	Frank	Kehoe	00:13:35	00:01:26	00:41:03	00:01:24	00:22:08	01:19:38
64	131	M40-49	Chris	Millar	00:11:50	00:01:29	00:37:00	00:01:21	00:28:00	01:19:42

2017-08-05 Tri-The-Lough results

Placing	Bib	Age group	First name	Last Name	Swim	T1	Bike	T2	Run	Finish
65	53	M40-49	Peter	Glass	00:19:10	00:01:26	00:35:57	00:01:16	00:22:04	01:19:55
66	21	M30-39	Damien	Connolly	00:16:46	00:01:19	00:37:59	00:00:55	00:23:18	01:20:18
67	28	M50-59	Sean	Curran	00:17:28	00:01:02	00:36:00	00:01:03	00:24:59	01:20:35
68	104	M40-49	Colin	Mccluskey	00:17:42	00:02:01	00:36:47	00:01:00	00:23:26	01:20:59
69	38	M40-49	Conor	Eanetta	00:12:35	00:01:53	00:38:03	00:01:10	00:27:18	01:21:00
70	118	M40-49	Padraig	Mckaigne	00:17:07	00:01:42	00:37:58	00:00:53	00:23:29	01:21:10
71	164	M40-49	Anthony	Sweeney	00:19:40	00:01:10	00:37:33	00:00:37	00:22:29	01:21:30
72	201	M40-49	Liam	Curran	00:16:05	00:00:56	00:38:57	00:01:28	00:24:03	01:21:31
73	18	M50-59	Bobby	Collins	00:18:39	00:01:11	00:38:23	00:01:18	00:21:58	01:21:31
74	111	F40-49	Lucy	McDermott	00:14:29	00:01:11	00:40:55	00:00:50	00:24:05	01:21:32
75	153	M40-49	Colin	Reid	00:16:40	00:01:49	00:37:27	00:01:14	00:24:46	01:21:58
76	54	F30-39	Janine	Gordon	00:16:08	00:01:29	00:39:12	00:02:00	00:23:11	01:22:02
77	6	M40-49	Dominic	Bradley	00:13:12	00:01:27	00:39:59	00:01:05	00:26:22	01:22:06
78	35	M30-39	Kevin	Doherty	00:16:59	00:01:18	00:39:13	00:01:07	00:23:35	01:22:13
79	149	M40-49	Shaun	Patten	00:15:15	00:01:27	00:41:09	00:01:16	00:23:09	01:22:16
80	175	Relay Male	Blood, Sweat & Beers		00:15:30	00:00:33	00:45:23	00:00:42	00:20:11	01:22:21
81	68	M40-49	Andrew	Jackson	00:16:39	00:01:53	00:37:55	00:01:03	00:24:51	01:22:23
82	79	M40-49	Marcus	Lemon	00:14:29	00:01:58	00:37:42	00:01:47	00:26:30	01:22:28
83	19	M40-49	Justin	Conaty	00:16:23	00:02:28	00:37:02	00:01:33	00:25:01	01:22:29
84	177	Relay Male	Not Fast but Furious		00:14:12	00:00:38	00:43:26	00:00:49	00:23:25	01:22:31
85	114	F50-59	Ita	McGettigan	00:15:53	00:01:40	00:41:14	00:00:55	00:22:50	01:22:34
86	148	M50-59	Billy	Orr	00:19:37	00:01:34	00:37:05	00:01:00	00:23:27	01:22:45
87	121	M40-49	Barry	McLaughlin	00:17:01	00:01:39	00:37:12	00:01:08	00:25:46	01:22:49
88	57	F30-39	Jan	Hamilton	00:16:02	00:01:30	00:41:21	00:00:42	00:23:11	01:22:49
89	15	F40-49	Wendy	ChAmbers	00:15:20	00:01:14	00:41:32	00:01:02	00:24:05	01:23:16
90	9	M40-49	Philip	Browne	00:18:31	00:01:26	00:38:53	00:00:42	00:23:48	01:23:21
91	65	M50-59	Kieran	Hurson	00:16:22	00:01:39	00:37:14	00:01:21	00:26:49	01:23:27
92	156	M40-49	Paul	Roddy	00:15:27	00:01:25	00:40:03	00:01:15	00:25:18	01:23:31
93	137	F40-49	Paddi	Mulholland	00:15:15	00:01:35	00:40:35	00:01:08	00:25:03	01:23:39
94	130	M14-19	Coilean	Melarkey	00:12:48	00:01:03	00:44:24	00:00:51	00:24:33	01:23:41
95	147	M20-29	Kealan	O'Kane	00:16:49	00:01:54	00:41:01	00:00:36	00:23:19	01:23:42
96	161	F40-49	Norma	Snelling	00:14:18	00:01:24	00:39:33	00:01:07	00:27:37	01:24:01

2017-08-05 Tri-The-Lough results

Placing	Bib	Age group	First name	Last Name	Swim	T1	Bike	T2	Run	Finish
97	150	M50-59	Andy	Payne	00:17:45	00:01:37	00:38:44	00:01:27	00:24:46	01:24:21
98	22	M30-39	Sean	Conway	00:12:10	00:02:00	00:45:25	00:01:14	00:23:50	01:24:40
99	170	F40-49	Patricia	White	00:15:27	00:01:35	00:38:35	00:01:24	00:27:46	01:24:49
100	103	M30-39	Paul	McCleen	00:15:59	00:01:32	00:41:40	00:01:07	00:24:31	01:24:51
101	61	M60-69	Sean	Healy	00:16:25	00:01:09	00:40:14	00:00:56	00:26:08	01:24:54
102	89	M50-59	NORMAN	MAWHINNEY	00:18:42	00:02:28	00:41:22	00:00:46	00:21:40	01:24:59
103	60	M20-29	Cormac	Harte	00:15:34	00:01:11	00:43:55	00:01:22	00:22:58	01:25:02
104	102	M30-39	David	Mccleen	00:15:38	00:01:58	00:40:44	00:01:37	00:25:02	01:25:02
105	129	F20-29	Maggie	McQuaid	00:20:21	00:01:47	00:39:25	00:00:56	00:22:40	01:25:11
106	62	F30-39	Helen	Howe	00:16:33	00:01:14	00:42:19	00:00:58	00:24:12	01:25:17
107	165	F30-39	Edwina	Ternan	00:17:36	00:02:16	00:41:43	00:01:08	00:22:33	01:25:18
108	144	M40-49	William	Neill	00:16:18	00:02:15	00:39:02	00:01:42	00:26:46	01:26:05
109	99	M60-69	Eamonn	Mccafferty	00:17:24	00:01:44	00:39:15	00:01:15	00:26:44	01:26:23
110	26	M40-49	Marshall	Craig	00:18:29	00:01:33	00:38:53	00:01:21	00:26:16	01:26:34
111	49	M30-39	David	Gibson	00:16:56	00:02:19	00:40:12	00:01:36	00:25:30	01:26:36
112	50	M40-49	Thomas	Gillespie	00:17:37	00:01:28	00:39:28	00:01:10	00:26:50	01:26:36
113	154	M50-59	Martin	Robinson	00:16:02	00:01:28	00:41:56	00:01:14	00:25:55	01:26:37
114	72	M30-39	Jason	Kelly	00:21:16	00:01:33	00:39:24	00:01:21	00:23:20	01:26:56
115	7	M40-49	David	Brady	00:17:02	00:02:20	00:41:00	00:01:30	00:25:04	01:26:58
116	4	M40-49	Jim	Blee	00:16:55	00:01:24	00:40:29	00:00:51	00:27:17	01:26:58
117	44	M20-29	Keelan	Gallagher	00:17:51	00:01:47	00:40:50	00:00:53	00:25:44	01:27:08
118	27	M40-49	Stephen	Cross	00:18:45	00:01:53	00:40:21	00:01:19	00:24:53	01:27:14
119	66	M30-39	Richard	Hyland	00:18:35	00:01:20	00:42:03	00:01:30	00:23:59	01:27:29
120	132	F30-39	Joanne	Millar	00:14:04	00:01:28	00:39:48	00:01:34	00:30:47	01:27:43
121	182	M40-49	Myles	Dolan	00:17:29	00:02:34	00:42:20	00:01:48	00:24:09	01:28:23
122	96	M50-59	Gerry	Mc Manus	00:20:37	00:01:34	00:41:40	00:01:23	00:23:21	01:28:37
123	45	M14-19	Zach	Gallagher	00:21:47	00:01:40	00:41:44	00:00:34	00:23:02	01:28:49
124	159	F30-39	Gemma	Skeath	00:16:49	00:01:15	00:44:00	00:01:01	00:25:43	01:28:50
125	76	M14-19	Charley	Kidney	00:18:32	00:02:43	00:42:19	00:01:23	00:23:57	01:28:55
126	157	F20-29	Rebecca	Sinton	00:15:34	00:01:10	00:43:55	00:00:36	00:27:40	01:28:57
127	87	M20-29	Christopher	Maguire	00:16:09	00:02:05	00:40:14	00:01:28	00:29:01	01:28:59
128	120	F40-49	Martina	McLaren	00:17:20	00:01:26	00:42:08	00:01:07	00:28:16	01:30:19

2017-08-05 Tri-The-Lough results

Placing	Bib	Age group	First name	Last Name	Swim	T1	Bike	T2	Run	Finish
129	8	F20-29	Susan	Brown	00:15:09	00:01:43	00:45:13	00:00:46	00:27:28	01:30:20
130	77	M60-69	Albert	Law	00:19:20	00:02:42	00:43:31	00:01:00	00:24:04	01:30:39
131	43	F30-39	Sinead	Fitzpatrick	00:17:55	00:02:27	00:42:22	00:01:39	00:26:37	01:31:01
132	81	F30-39	Gillian	Logan	00:18:58	00:02:32	00:42:18	00:02:11	00:25:22	01:31:23
133	110	F40-49	Mary	Mcdaid	00:17:53	00:01:27	00:44:05	00:01:03	00:27:20	01:31:51
134	73	M50-59	Adrian	Kelly	00:15:03	00:01:08	00:46:05	00:01:24	00:28:27	01:32:08
135	10	M60-69	Christopher	Callaghan	00:17:36	00:02:32	00:44:12	00:01:02	00:27:02	01:32:26
136	82	F50-59	Anne	Logue	00:17:59	00:01:34	00:43:07	00:01:27	00:28:20	01:32:29
137	29	M20-29	Ryan	Curran	00:12:47	00:02:30	00:45:22	00:01:02	00:30:59	01:32:42
138	176	Relay Male	Go Gibbons		00:17:03	00:02:32	00:46:45	00:00:55	00:25:37	01:32:54
139	16	M50-59	Stephen	Cheah	00:18:22	00:00:49	00:42:33	00:00:52	00:31:03	01:33:42
140	86	F40-49	Labhaoise	Maguire	00:18:56	00:01:25	00:45:04	00:01:24	00:27:10	01:34:00
141	117	F30-39	Laurie	McGurk	00:17:51	00:01:08	00:44:34	00:00:46	00:29:46	01:34:07
142	85	M40-49	Grant	Mackie	00:18:30	00:02:14	00:42:31	00:00:55	00:30:12	01:34:24
143	115	F40-49	Jane	Mcginty	00:17:06	00:01:46	00:44:35	00:01:19	00:30:30	01:35:19
144	108	F30-39	Lorraine	Mccreary	00:15:50	00:02:11	00:49:31	00:00:57	00:27:08	01:35:40
145	48	F20-29	Niamh	Gibbons	00:18:57	00:01:29	00:46:40	00:01:07	00:27:34	01:35:50
146	24	F30-39	Una	Corrigan	00:22:26	00:02:19	00:45:25	00:01:22	00:24:39	01:36:13
147	139	M30-39	Neil	Mullan	00:24:56	00:02:44	00:43:03	00:01:34	00:23:56	01:36:15
148	40	F30-39	Alison	Farquhar	00:21:11	00:02:02	00:45:03	00:01:18	00:27:03	01:36:39
149	192	F30-39	Naomh	McElhatton	00:21:55	00:01:39	00:44:25	00:01:16	00:27:58	01:37:15
150	80	M60-69	Geoffrey	Leonard	00:24:49	00:04:34	00:38:27	00:02:16	00:27:44	01:37:53
151	46	F40-49	Elaine	Gallagher	00:17:20	00:02:05	00:48:53	00:01:19	00:31:24	01:41:04
152	2	M30-39	David	Ahern	00:19:10	00:02:07	00:48:33	00:00:50	00:30:25	01:41:07
153	30	F30-39	Bridie	Devenney	00:17:16	00:01:59	00:46:35	00:01:30	00:34:26	01:41:48
154	1	M30-39	Shane	Ahern	00:20:04	00:01:56	00:48:04	00:01:28	00:31:45	01:43:20
155	75	M30-39	Aidan	Kelly	00:30:20	00:03:35	00:41:05	00:01:08	00:27:15	01:43:24
156	127	M50-59	Brian	Mcmullin	00:27:40	00:02:01	00:46:12	00:01:05	00:28:00	01:45:00
157	98	M50-59	Stephen	Mccafferty	00:24:41	00:02:38	00:45:15	00:01:47	00:31:12	01:45:34
158	37	F40-49	Ailbhe	Dunne	00:20:23	00:01:50	00:50:37	00:01:10	00:31:32	01:45:35
159	163	F30-39	Linda	Sweeney	00:20:07	00:02:23	00:53:48	00:01:00	00:32:31	01:49:51
160	63	F20-29	Caoimhe	Hughes	00:21:23	00:02:07	00:54:25	00:00:54	00:32:20	01:51:10

2017-08-05 Tri-The-Lough results

Placing	Bib	Age group	First name	Last Name	Swim	T1	Bike	T2	Run	Finish
161	112	F40-49	Patricia	McDonnell	00:23:37	00:02:46	00:49:19	00:01:44	00:35:28	01:52:54
162	58	M30-39	Sean	Hannon	00:16:39	00:02:23	00:52:23	00:01:42	00:40:25	01:53:35
163	92	F60-69	Majella	Mc cullagh	00:27:27	00:01:46	00:51:22	00:00:57	00:36:33	01:58:07
164	32	F20-29	Patsi	Doey	00:19:01	00:03:20	00:57:51	00:01:47	00:39:17	02:01:19
Placing	Bib	Age group	First name	Last Name	Swim	T1	Bike	T2	Run	Finish
1	190	M30-39	Stephen	Mccay	00:07:45	00:01:25	00:17:54	00:01:07	00:11:33	00:39:46
2	185	M30-39	Kris	Kelly	00:07:01	00:01:46	00:19:17	00:01:17	00:10:37	00:40:01
3	181	M30-39	Christopher	Connolly	00:08:21	00:01:33	00:19:54	00:00:58	00:10:51	00:41:38
4	195	F30-39	Rebecca	Mckenzie	00:09:10	00:01:25	00:23:04	00:00:41	00:11:06	00:45:27
5	191	F40-49	Barbara	Mccluskey	00:08:26	00:01:37	00:23:27	00:00:41	00:11:17	00:45:30
6	200	Relay Male	Mc Parland	Mc parland	00:09:30	00:00:46	00:22:25	00:01:14	00:13:15	00:47:12
7	198	F30-39	Martina	O'Donnell	00:07:07	00:01:40	00:24:48	00:00:42	00:13:42	00:48:02
8	186	F30-39	Georgina	Mc crudden	00:07:50	00:02:17	00:23:33	00:00:45	00:14:21	00:48:49
9	31	M60-69	Frank	Dillon	00:10:15	00:02:55	00:23:01	00:01:36	00:11:29	00:49:17
10	187	F30-39	Julie	Mcbride	00:08:09	00:01:51	00:23:59	00:00:58	00:15:00	00:50:00
11	179	F30-39	Keelin	Begley	00:08:07	00:02:27	00:24:52	00:01:47	00:14:09	00:51:22
12	188	F30-39	Carol	McCabe	00:11:40	00:01:45	00:25:27	00:01:08	00:16:45	00:56:46
13	199	F20-29	Emma	Patterson	00:09:52	00:02:25	00:29:10	00:00:41	00:16:18	00:58:29
14	183	F40-49	Sheral	Hetherington	00:11:09	00:01:55	00:26:44	00:01:29	00:17:11	00:58:30
15	184	F30-39	Kelly	Jamison	00:09:34	00:02:00	00:29:26	00:01:11	00:19:39	01:01:51
16	189	M40-49	Gavin	McCann	00:16:42	00:03:46	00:33:41	00:01:17	00:11:53	01:07:21
17	69	F20-29	Leanne	Keenan	00:15:21	00:03:12	00:31:25	00:01:57	00:16:56	01:08:54
18	197	M50-59	Paul	O Reilly	00:13:40	00:01:14	00:08:24	00:28:36	00:19:53	01:11:49
19	194	F50-59	Salina	Mcguinness	00:12:02	00:01:47	00:09:31	00:29:29	00:18:59	01:11:49