

Results are Provisional until confirmed, Full Results on www.coretiming.ie

Rank	Bib	Name	Last	Sex	Age	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Gap	Finish
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Omagh Sprint 22

1.	138	Sean	Mc laughlin	m	M35-39	Northwest TC	00:12:16	10.	00:00:41	00:31:12	1.	38,4	00:00:33	00:18:07	4.	-	01:02:51
2.	129	Conor	Maguire	m	M25-29	Omagh TC	00:12:02	5.	00:00:41	00:31:25	3.	38,1	00:00:48	00:18:02	3.	+0:08	01:02:59
3.	142	Paul	Mcallister	m	M40-44	Olympian Triathlon Club	00:11:29	3.	00:01:01	00:31:38	5.	37,9	00:00:32	00:18:44	6.	+0:34	01:03:25
4.	191	Brendan	Murphy	m	M35-39	Strabane Triathlon Club	00:12:33	14.	00:01:11	00:33:07	11.	36,2	00:00:33	00:16:25	1.	+1:00	01:03:51
5.	240	Tom	Williamson	m	M16-19	Down TC	00:10:41	1.	00:00:52	00:32:27	9.	36,9	00:00:26	00:19:25	8.	+1:03	01:03:54
6.	110	James	Keenan	m	M45-49	Cuilcagh TC	00:12:05	7.	00:00:37	00:31:25	2.	38,1	00:00:45	00:20:11	12.	+2:14	01:05:05
7.	26	Philip	Castles	m	M45-49	TUNA TC	00:12:49	16.	00:00:42	00:31:45	6.	37,7	00:00:31	00:20:41	17.	+3:40	01:06:31
8.	119	Kristian	Kubasch	m	M35-39		00:11:51	4.	00:00:51	00:31:49	7.	37,7	00:00:44	00:21:43	29.	+4:08	01:06:59
9.	331	Sean	Mcintyre	m	M35-39		00:13:01	22.	00:01:42	00:32:05	8.	37,3	00:00:37	00:19:41	10.	+4:17	01:07:08
10.	73	Duncan	Emery	m	M45-49	Peninsula TC	00:12:33	13.	00:00:42	00:32:38	10.	36,7	00:00:36	00:20:45	19.	+4:25	01:07:17
11.	81	Chris	Fleming	m	M40-44	Olympian Triathlon Club	00:12:13	9.	00:00:53	00:34:15	16.	35,0	00:00:53	00:19:37	9.	+5:02	01:07:53
12.	105	Michael	Holland	m	M35-39	Omagh TC	00:12:03	6.	00:00:35	00:31:31	4.	38,0	00:00:56	00:22:49	49.	+5:04	01:07:55
13.	182	Danny	Mooney	m	M30-34		00:12:13	8.	00:01:26	00:36:23	37.	32,9	00:00:48	00:17:05	2.	+5:05	01:07:56
14.	236	Jonathan	Walker	m	M35-39	TUNA TC	00:12:52	17.	00:00:26	00:33:38	13.	35,6	00:00:34	00:20:28	14.	+5:08	01:08:00
15.	16	Eddie	Burton	m	M50-54	Northwest TC	00:12:25	11.	00:01:01	00:34:00	14.	35,2	00:00:37	00:20:31	16.	+5:44	01:08:35
16.	99	Cormac	Harte	m	M25-29	Olympian Triathlon Club	00:13:33	28.	00:00:56	00:35:09	25.	34,1	00:00:29	00:18:32	5.	+5:49	01:08:40
17.	5	Justin	Bloomer	m	M25-29	Tri Limits TC	00:16:12	79.	00:00:35	00:33:17	12.	36,0	00:00:31	00:20:56	21.	+8:41	01:11:32
18.	47	Adrian	Devine	m	M50-54	Triangle Triathlon Club	00:13:04	23.	00:01:19	00:35:31	29.	33,7	00:00:47	00:21:25	26.	+9:18	01:12:09
19.	58	Paul	Doherty	m	M40-44	247 TriathlonClub	00:13:45	30.	00:00:42	00:37:35	53.	31,9	00:00:40	00:19:48	11.	+9:40	01:12:32
20.	109	Kirsty	Kee	f	F30-34		00:12:55	18.	00:01:00	00:37:21	48.	32,1	00:00:32	00:21:49	33.	+10:48	01:13:39
21.	141	Oran	Mcaleer	m	M16-19	Omagh TC	00:14:24	36.	00:00:45	00:35:36	31.	33,6	00:00:24	00:22:33	44.	+10:53	01:13:44
22.	57	Patrick	Doherty	m	M45-49	247 TriathlonClub	00:14:06	32.	00:01:25	00:34:17	17.	34,9	00:00:41	00:23:30	58.	+11:10	01:14:01
23.	183	Daniel	Moore	m	M20-24	Cuilcagh TC	00:14:25	37.	00:00:48	00:36:21	35.	33,0	00:00:42	00:21:46	31.	+11:13	01:14:04
24.	228	Noel	Tierney	m	M35-39		00:16:45	101.	00:00:55	00:35:35	30.	33,7	00:00:27	00:20:25	13.	+11:17	01:14:08
25.	96	Jude	Harkin	m	M20-24		00:14:50	46.	00:01:50	00:36:26	38.	32,9	00:00:33	00:20:44	18.	+11:33	01:14:25
26.	197	Canice	Nicholas	m	M45-49		00:15:26	65.	00:01:07	00:34:54	21.	34,3	00:01:14	00:21:53	37.	+11:45	01:14:36
27.	189	Fiona	Murphy	f	F30-34	TUNA TC	00:11:18	2.	00:00:45	00:38:55	76.	30,8	00:00:42	00:23:05	53.	+11:56	01:14:47
28.	213	Mark	Mcdowell	m	M45-49		00:14:56	50.	00:01:10	00:35:30	27.	33,8	00:00:37	00:22:44	48.	+12:07	01:14:58
29.	170	Cian	McGuigan	m	M16-19		00:12:41	15.	00:01:03	00:39:52	88.	30,0	00:00:24	00:21:07	24.	+12:18	01:15:09
30.	179	Ryan	Mill	m	M16-19		00:14:38	42.	00:00:59	00:36:48	41.	32,6	00:00:42	00:22:13	41.	+12:31	01:15:22
31.	210	Anne	Paul	f	F60-64	Triangle Triathlon Club	00:14:42	43.	00:00:56	00:38:13	65.	31,3	00:00:32	00:21:15	25.	+12:49	01:15:40
32.	136	Shane	Mc gale	m	M50-54	Omagh TC	00:13:21	25.	00:00:29	00:39:16	79.	30,5	00:00:50	00:22:12	40.	+13:20	01:16:11
33.	144	Vinnie	MCATEE	m	M45-49	Omagh TC	00:17:26	119.	00:01:00	00:35:40	32.	33,6	00:01:09	00:21:00	22.	+13:26	01:16:17
34.	74	Graeme	Evans	m	M35-39	Triangle Triathlon Club	00:15:10	56.	00:02:07	00:34:25	18.	34,8	00:00:47	00:23:47	65.	+13:27	01:16:18
35.	66	Kirsty	Downey	f	F30-34	Northwest TC	00:14:59	52.	00:01:11	00:38:02	63.	31,5	00:00:44	00:21:52	34.	+13:57	01:16:49

Rank	Bib	Name	Last	Sex	Age	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Gap	Finish
36.	115	Gerard	Kenny	m	M55-59	Setanta Triathlon Club	00:16:29	92.	00:01:59	00:35:01	23.	34,2	00:01:42	00:21:47	32.	+14:08	01:17:00
37.	38	Joseph	Coyle	m	M40-44	Northwest TC	00:13:28	27.	00:00:42	00:37:23	49.	32,0	00:00:32	00:24:54	82.	+14:09	01:17:00
38.	64	Thomas	Downey	m	M50-54	Cuilcagh TC	00:18:33	134.	00:01:06	00:35:02	24.	34,2	00:00:35	00:21:46	30.	+14:13	01:17:04
39.	55	Gavin	Doherty	m	M40-44		00:15:23	63.	00:01:08	00:37:01	45.	32,4	00:00:59	00:22:36	46.	+14:18	01:17:09
40.	87	Sean	Gillespie	m	M20-24	Omagh TC	00:14:57	51.	00:01:07	00:37:43	59.	31,8	00:00:32	00:22:50	50.	+14:20	01:17:12
41.	195	Garth	Newberry	m	M55-59		00:16:11	78.	00:00:44	00:37:18	47.	32,1	00:00:27	00:22:35	45.	+14:24	01:17:16
42.	175	Conor	Mclaughlin	m	M35-39		00:16:16	82.	00:01:28	00:36:52	43.	32,5	00:00:41	00:22:14	42.	+14:42	01:17:33
43.	8	Denis	Borimskij	m	M35-39	Omagh TC	00:14:20	34.	00:01:15	00:38:20	67.	31,2	00:00:39	00:23:05	52.	+14:50	01:17:41
44.	75	Gareth	Fegan	m	M35-39	Omagh TC	00:16:42	99.	00:01:07	00:37:25	50.	32,0	00:00:52	00:21:53	36.	+15:10	01:18:01
45.	152	John	McCaul	m	M30-34		00:14:55	49.	00:01:56	00:37:41	56.	31,8	00:01:17	00:22:27	43.	+15:25	01:18:16
46.	156	Graeme	Mccluskey	m	M50-54	TUNA TC	00:15:20	62.	00:01:07	00:37:43	58.	31,8	00:00:36	00:23:32	60.	+15:28	01:18:19
47.	118	Sonia	Knox	f	F45-49	Riada TC	00:15:28	66.	00:00:53	00:36:58	44.	32,4	00:00:35	00:24:26	76.	+15:31	01:18:22
48.	188	Glenn	Murphy	m	M40-44	Island TC	00:15:06	54.	00:00:58	00:40:00	91.	29,9	00:00:28	00:21:52	35.	+15:34	01:18:26
49.	241	Aoife	Wilson	f	F25-29		00:13:34	29.	00:00:39	00:39:18	82.	30,5	00:00:36	00:24:21	74.	+15:39	01:18:30
50.	1	Seamus	Arkinson	m	M55-59	Omagh TC	00:16:21	84.	00:02:19	00:34:51	20.	34,4	00:01:17	00:23:46	64.	+15:45	01:18:36
51.	27	Joe	Clarke	m	M35-39	Strabane Triathlon Club	00:15:03	53.	00:01:18	00:37:31	52.	31,9	00:00:48	00:24:05	70.	+15:55	01:18:46
52.	11	eoin	bradley	m	M40-44		00:16:04	76.	00:01:54	00:38:08	64.	31,4	00:00:49	00:21:56	38.	+16:02	01:18:53
53.	229	Liam	Tinney	m	M45-49	247 TriathlonClub	00:16:43	100.	00:01:05	00:39:55	90.	30,0	00:00:34	00:20:46	20.	+16:13	01:19:04
54.	15	Michal	Buchta	m	M35-39	TUNA TC	00:17:59	128.	00:01:02	00:36:36	40.	32,7	00:00:48	00:22:43	47.	+16:20	01:19:12
55.	185	John	Morris	m	M40-44	Omagh TC	00:17:26	120.	00:00:59	00:36:27	39.	32,9	00:00:40	00:23:48	66.	+16:31	01:19:22
56.	21	Philip	Cardy	m	M55-59	Down TC	00:16:27	87.	00:01:26	00:36:22	36.	32,9	00:00:50	00:24:44	80.	+17:00	01:19:51
57.	245	Adrian	McKinney	m	M60		00:13:00	21.	00:00:45	00:40:30	97.	29,6	00:00:39	00:24:56	84.	+17:01	01:19:52
58.	187	Niall	Mulrine	m	M45-49	247 TriathlonClub	00:15:30	67.	00:01:21	00:37:26	51.	32,0	00:00:38	00:24:55	83.	+17:01	01:19:53
59.	60	Sinead	Donnelly	f	F45-49	Omagh TC	00:15:54	75.	00:01:30	00:38:25	69.	31,2	00:00:41	00:23:30	59.	+17:12	01:20:03
60.	46	Gareth	Dempsey	m	M50-54	Armagh Pikekickers	00:18:36	138.	00:01:04	00:35:30	28.	33,7	00:00:52	00:24:01	69.	+17:14	01:20:05
61.	77	DONALD	FITZMAURIC	m	M55-59	Piranha TC	00:17:33	123.	00:00:59	00:35:28	26.	33,8	00:00:56	00:25:14	87.	+17:21	01:20:12
62.	111	Jason	Kelly	m	M35-39	Omagh TC	00:19:19	153.	00:01:37	00:34:47	19.	34,4	00:01:05	00:23:25	57.	+17:24	01:20:16
63.	167	Fergal	McGivern	m	M45-49	Newry Triathlon Club 2022	00:15:53	74.	00:01:18	00:37:48	60.	31,7	00:01:01	00:24:28	77.	+17:39	01:20:30
64.	149	Eugene	McCarroll	m	M30-34	Omagh TC	00:15:39	71.	00:00:40	00:41:24	108.	28,9	00:01:12	00:21:38	28.	+17:45	01:20:37
65.	20	Declan	Campbell	m	M35-39	Omagh TC	00:16:28	89.	00:00:54	00:38:13	66.	31,3	00:00:54	00:24:11	71.	+17:51	01:20:42
66.	68	Michael	Duncan	m	M60		00:16:48	103.	00:02:34	00:38:51	74.	30,8	00:01:32	00:21:04	23.	+18:00	01:20:51
67.	186	Jennifer	Morrow	f	F35-39	Omagh TC	00:17:15	115.	00:01:21	00:37:54	62.	31,6	00:00:50	00:23:35	61.	+18:05	01:20:56
68.	153	Paul	Kelly	m	M25-29		00:14:02	31.	00:01:25	00:38:49	73.	30,9	00:01:10	00:25:40	99.	+18:17	01:21:08
69.	199	Grainne	O Hagan	f	F35-39	Omagh TC	00:16:52	104.	00:01:44	00:39:50	87.	30,1	00:01:16	00:21:30	27.	+18:22	01:21:13
70.	161	Niamh	Mcdaid	f	F30-34	247 TriathlonClub	00:12:31	12.	00:01:10	00:40:10	92.	29,8	00:00:58	00:26:23	112.	+18:23	01:21:14
71.	51	Liam	DOHERTY	m	M35-39		00:15:36	69.	00:01:10	00:37:04	46.	32,3	00:01:29	00:25:57	105.	+18:26	01:21:18
72.	214	Pauric	Quinn	m	M55-59	Omagh TC	00:17:09	114.	00:01:18	00:38:23	68.	31,2	00:00:58	00:23:35	62.	+18:34	01:21:25
73.	132	John	Martin	m	M55-59	Cuilcagh TC	00:13:00	20.	00:01:22	00:40:25	93.	29,6	00:01:06	00:25:32	98.	+18:36	01:21:27
74.	13	William	Brown	m	M30-34		00:17:25	118.	00:01:24	00:37:36	54.	31,9	00:00:48	00:24:14	72.	+18:37	01:21:29
75.	178	Gerard	Meehan	m	M40-44	Omagh TC	00:17:30	122.	00:01:45	00:37:51	61.	31,6	00:00:49	00:23:41	63.	+18:47	01:21:38
76.	151	conor	mccartie	m	M30-34		00:14:31	40.	00:01:34	00:41:23	107.	28,9	00:01:11	00:23:23	56.	+19:14	01:22:05

Rank	Bib	Name	Last	Sex	Age	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Gap	Finish
77.	43	Sean	Curran	m	M55-59	Omagh TC	00:16:32	96.	00:01:01	00:35:54	34.	33,4	00:00:48	00:27:52	132.	+19:17	01:22:09
78.	37	Paul	Coyle	m	M40-44	Omagh TC	00:26:30	193.	00:01:01	01:20:24	199.	14,9	00:00:51			+19:23	01:22:14
79.	237	Karen	Watson	f	F55-59		00:15:25	64.	00:01:29	00:39:31	83.	30,3	00:00:28	00:25:20	89.	+19:25	01:22:16
80.	226	James	Taylor	m	M60	Peninsula TC	00:16:28	88.	00:01:24	00:39:18	81.	30,5	00:00:44	00:24:37	78.	+19:42	01:22:34
81.	84	Chris	Gallagher	m	M45-49		00:14:08	33.	00:02:01	00:41:11	104.	29,1	00:00:33	00:25:12	86.	+20:15	01:23:06
82.	41	Dermot	Cunningham	m	M50-54	Sligo Tri Club	00:16:52	106.	00:01:17	00:38:30	70.	31,1	00:00:54	00:25:51	100.	+20:35	01:23:26
83.	65	Thomas	Downey	m	M35-39	Northwest TC	00:16:58	109.	00:01:33	00:38:55	75.	30,8	00:00:33	00:25:29	95.	+20:38	01:23:29
84.	133	Ronan	Mc auley	m	M35-39	Newry Triathlon Club 2022	00:17:27	121.	00:01:51	00:39:49	86.	30,1	00:00:31	00:23:50	67.	+20:40	01:23:31
85.	158	David	McConnell	m	M60	Olympian Triathlon Club	00:14:47	45.	00:00:57	00:41:36	114.	28,8	00:00:48	00:26:06	108.	+21:24	01:24:15
86.	112	Fiona	Kelly	f	F30-34	Wicklow TC	00:13:23	26.	00:02:00	00:38:33	72.	31,1	00:01:28	00:28:56	154.	+21:30	01:24:21
87.	220	Keith	Scott	m	M65-69		00:14:24	35.	00:00:51	00:38:58	77.	30,7	00:00:56	00:29:12	157.	+21:32	01:24:24
88.	224	Rachael	Stilvern	f	F35-39	247 TriathlonClub	00:15:15	59.	00:01:17	00:40:56	102.	29,3	00:00:44	00:26:20	110.	+21:43	01:24:34
89.	100	Sean	Healy	m	M65-69	Omagh TC	00:16:56	108.	00:01:10	00:46:28	161.	25,8	00:01:03	00:18:58	7.	+21:44	01:24:35
90.	82	Keith	Fletcher	m	M55-59	247 TriathlonClub	00:16:16	81.	00:02:14	00:39:55	89.	30,0	00:00:57	00:25:20	90.	+21:53	01:24:45
91.	198	Alison	Noble	f	F45-49	Templemore Triathlon Club	00:13:15	24.	00:01:33	00:41:30	110.	28,9	00:00:53	00:27:36	130.	+21:57	01:24:48
92.	128	Philip	Magill	m	M50-54	Riada TC	00:14:51	47.	00:01:31	00:39:43	85.	30,2	00:00:26	00:28:22	146.	+22:04	01:24:55
93.	29	Lewis	Clarke	m	M45-49	Sligo Tri Club	00:19:12	151.	00:02:03	00:39:40	84.	30,2	00:00:42	00:23:20	55.	+22:08	01:25:00
94.	140	Paul	Mc Namee	m	M55-59		00:16:28	91.	00:01:41	00:40:27	95.	29,6	00:01:00	00:25:31	96.	+22:19	01:25:11
95.	174	Jason	Mcknight	m	M45-49	Triangle Triathlon Club	00:19:58	162.	00:01:01	00:35:53	33.	33,4	00:00:41	00:27:44	131.	+22:27	01:25:18
96.	194	Mullen	Shona	f	F50-54		00:14:25	38.	00:00:52	00:40:28	96.	29,6	00:00:55	00:28:52	153.	+22:42	01:25:33
97.	83	Jane	Friel	f	F55-59		00:14:52	48.	00:00:51	00:43:36	130.	27,5	00:00:44	00:25:52	101.	+23:05	01:25:56
98.	246	John	Donaghy	m	M50-54		00:15:51	72.	00:02:31	00:41:31	113.	28,8	00:01:30	00:24:47	81.	+23:21	01:26:12
99.	209	Noelle	Parker	f	F45-49	247 TriathlonClub	00:18:33	135.	00:01:25	00:39:17	80.	30,5	00:00:47	00:26:11	109.	+23:23	01:26:15
100.	44	Liam	Curran	m	M50-54	Omagh TC	00:15:13	58.	00:01:21	00:41:55	115.	28,6	00:00:38	00:27:17	126.	+23:34	01:26:25
101.	242	Ben	Winter	m	M35-39		00:20:26	167.	00:01:19	00:37:39	55.	31,8	00:00:42	00:26:20	111.	+23:36	01:26:27
102.	160	Michelle	McCoy	f	F35-39	Olympian Triathlon Club	00:17:57	127.	00:01:25	00:40:26	94.	29,6	00:00:50	00:26:02	106.	+23:51	01:26:42
103.	79	Sinead	Fitzpatrick	f	F40-44		00:16:30	94.	00:01:40	00:40:47	101.	29,4	00:01:08	00:26:35	118.	+23:51	01:26:42
104.	2	Matthew	Beggs	m	M30-34		00:15:20	61.	00:01:31	00:44:58	148.	26,6	00:02:05	00:22:56	51.	+24:00	01:26:51
105.	215	Matthew	Reeve	m	M35-39	Brown Shoes TC	00:15:12	57.	00:01:42	00:44:07	136.	27,1	00:00:25	00:25:28	94.	+24:05	01:26:56
106.	165	Miriam	McFadden	m	M55-59		00:15:10	55.	00:01:35	00:41:14	105.	29,0	00:01:02	00:28:20	144.	+24:33	01:27:24
107.	169	Mark	Mcguigan	m	M50-54	Omagh TC	00:17:40	125.	00:01:20	00:42:36	122.	28,1	00:01:06	00:25:21	91.	+25:12	01:28:04
108.	155	Thomas	McClellan	m	M55-59	Down TC	00:16:30	95.	00:01:26	00:39:02	78.	30,7	00:01:03	00:30:02	166.	+25:14	01:28:06
109.	59	Carl	Donnelly	m	M35-39		00:18:13	129.	00:01:41	00:43:17	127.	27,7	00:01:07	00:23:56	68.	+25:24	01:28:16
110.	201	Lorraine	O'Neill	f	F50-54	Armagh Pikekickers	00:15:32	68.	00:02:41	00:44:04	135.	27,2	00:01:12	00:25:06	85.	+25:46	01:28:37
111.	134	Kelly	Mc Cartan	f	F20-24	Omagh TC	00:12:58	19.	00:01:00	00:45:07	149.	26,5	00:00:31	00:29:11	156.	+25:57	01:28:49
112.	320	Paul	maguire	m	M40-44		00:21:40	177.	00:02:08	00:36:52	42.	32,5	00:01:00	00:27:14	125.	+26:04	01:28:56
113.	121	Sean	Leonard	m	M45-49	Cuilcagh TC	00:20:34	168.	00:01:07	00:40:34	99.	29,5	00:00:45	00:25:57	104.	+26:08	01:29:00
114.	217	Adam	Ross	m	M16-19		00:14:31	39.	00:02:00	00:47:50	172.	25,0	00:00:43	00:24:25	75.	+26:39	01:29:31
115.	233	Paddy	Tourish	m	M55-59		00:18:24	132.	00:02:09	00:40:34	98.	29,5	00:02:08	00:26:23	113.	+26:48	01:29:39
116.	6	Suzanne	Bogan	f	F40-44	247 TriathlonClub	00:16:07	77.	00:02:03	00:41:00	103.	29,2	00:01:07	00:29:22	161.	+26:49	01:29:41
117.	97	Colin	Harkness	m	M45-49	Omagh TC	00:18:27	133.	00:01:28	00:41:55	116.	28,6	00:00:37	00:27:21	128.	+26:58	01:29:49

Rank	Bib	Name	Last	Sex	Age	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Gap	Finish
118.	171	Paul	Mcguinness	m	M60	Cuilcagh TC	00:15:52	73.	00:01:12	00:42:15	120.	28,4	00:01:18	00:29:12	158.	+27:01	01:29:52
119.	62	Michael	Donnelly	m	M40-44		00:16:54	107.	00:04:09	00:46:12	160.	25,9	00:00:33	00:22:07	39.	+27:06	01:29:57
120.	34	Marie	Cowgill	f	F55-59	Omagh TC	00:18:23	131.	00:00:45	00:43:39	131.	27,4	00:01:07	00:26:05	107.	+27:11	01:30:02
121.	221	Barry	Shannon	m	M50-54	Cuilcagh TC	00:18:43	141.	00:01:57	00:41:31	111.	28,9	00:00:52	00:26:57	120.	+27:11	01:30:03
122.	130	Gerry	Maher	m	M55-59	Sligo Tri Club	00:17:05	112.	00:03:32	00:41:20	106.	29,0	00:01:12	00:27:03	122.	+27:23	01:30:14
123.	204	Etaoine	O'kane	f	F40-44		00:16:30	93.	00:01:55	00:44:30	142.	26,9	00:00:23	00:27:00	121.	+27:28	01:30:20
124.	48	Warren	Devine	m	M50-54		00:19:18	152.	00:01:16	00:41:28	109.	28,9	00:00:55	00:27:58	136.	+28:06	01:30:57
125.	45	Liam	Daly	m	M60		00:18:48	143.	00:01:25	00:40:35	100.	29,5	00:01:04	00:29:19	160.	+28:22	01:31:14
126.	36	Gerard	Coyle	m	M40-44		00:26:32	194.	00:01:35	00:37:41	57.	31,8	00:02:17	00:23:07	54.	+28:23	01:31:15
127.	23	Frances	Carragher	f	F40-44	Olympian Triathlon Club	00:16:47	102.	00:01:43	00:43:46	133.	27,4	00:01:00	00:28:14	141.	+28:41	01:31:32
128.	164	Donna	Mcelhill	f	F45-49		00:17:00	110.	00:01:19	00:44:30	143.	26,9	00:00:49	00:27:53	134.	+28:43	01:31:34
129.	70	Martina	Elliott	f	F60-64		00:21:33	174.	00:02:57	00:42:00	117.	28,5	00:01:20	00:24:15	73.	+29:16	01:32:08
130.	139	Louise	Mc manus	f	F55-59	Cuilcagh TC	00:15:37	70.	00:01:10	00:45:36	154.	26,3	00:00:54	00:28:57	155.	+29:26	01:32:17
131.	107	Jayne	Jackson	f	F45-49		00:17:16	117.	00:01:41	00:44:17	139.	27,0	00:00:57	00:28:22	145.	+29:43	01:32:35
132.	95	James	Hardiman	m	M55-59	Sligo Tri Club	00:19:11	150.	00:01:31	00:43:23	129.	27,6	00:00:41	00:27:57	135.	+29:53	01:32:44
133.	126	Anne	Mageean	f	F60-64	Olympian Triathlon Club	00:14:32	41.	00:02:03	00:45:12	150.	26,5	00:01:06	00:29:58	165.	+30:02	01:32:53
134.	150	Cindy	McCarthy	f	F55-59	Sligo Tri Club	00:19:09	149.	00:01:21	00:46:34	163.	25,7	00:00:28	00:25:22	93.	+30:05	01:32:57
135.	24	Michael	Carroll	m	M70-74		00:24:36	189.	00:02:51	00:38:31	71.	31,1	00:01:05	00:25:54	103.	+30:07	01:32:58
136.	80	Alice	Fleming	f	F25-29		00:19:35	156.	00:01:48	00:45:33	153.	26,3	00:00:50	00:25:18	88.	+30:13	01:33:05
137.	212	Ann	Pollock	f	F50-54	Cuilcagh TC	00:14:46	44.	00:01:25	00:45:55	156.	26,1	00:00:54	00:30:19	168.	+30:29	01:33:20
138.	166	Daniel	McFadden	m	M30-34		00:17:01	111.	00:02:17	00:47:09	166.	25,4	00:01:34	00:25:21	92.	+30:33	01:33:24
139.	104	Patricia	Hill	f	F40-44	Peninsula TC	00:18:18	130.	00:01:38	00:42:05	118.	28,5	00:00:52	00:30:35	172.	+30:39	01:33:30
140.	218	Stef	Russell	f	F35-39	Sligo Tri Club	00:16:18	83.	00:01:16	00:43:13	125.	27,7	00:00:31	00:32:20	179.	+30:49	01:33:40
141.	227	Gillian	Thompson	f	F40-44		00:22:35	184.	00:00:55	00:42:27	121.	28,2	00:00:52	00:27:11	123.	+31:12	01:34:03
142.	4	Jennifer	Birkenhead	f	F45-49	Cuilcagh TC	00:21:30	173.	00:01:10	00:46:12	159.	25,9	00:00:50	00:24:41	79.	+31:34	01:34:25
143.	33	Brian	Conway	m	M35-39	Strabane Triathlon Club	00:19:47	160.	00:00:47	00:44:27	141.	26,9	00:01:39	00:27:59	137.	+31:49	01:34:40
144.	56	Joe	Doherty	m	M50-54	247 TriathlonClub	00:23:04	187.	00:00:41	00:43:43	132.	27,4	00:01:41	00:25:32	97.	+31:52	01:34:43
145.	145	Kathryn	McBrearty	f	F40-44	247 TriathlonClub	00:17:42	126.	00:01:18	00:42:53	123.	27,9	00:01:22	00:31:30	178.	+31:57	01:34:48
146.	53	Desmond	Doherty	m	M30-34		00:20:24	164.	00:03:14	00:42:09	119.	28,4	00:00:40	00:28:20	143.	+31:58	01:34:49
147.	181	Diane	Mitchell	f	F35-39	Lisburn TC	00:19:34	155.	00:01:20	00:43:21	128.	27,6	00:01:03	00:29:32	162.	+32:01	01:34:52
148.	123	Anne	Logue	f	F55-59	Omagh TC	00:19:56	161.	00:01:50	00:44:10	137.	27,1	00:01:03	00:28:16	142.	+32:27	01:35:18
149.	50	Emma	Dickson	f	F35-39	Olympian Triathlon Club	00:19:46	158.	00:01:29	00:45:50	155.	26,1	00:00:55	00:27:25	129.	+32:37	01:35:28
150.	305	Pat	Cunningham	m	M60		00:16:15	80.	00:01:50	00:45:16	151.	26,5	00:01:03	00:31:06	176.	+32:41	01:35:33
151.	223	Norma	Snelling	f	F45-49	Riada TC	00:17:09	113.	00:01:32	00:43:10	124.	27,7	00:00:58	00:32:48	183.	+32:47	01:35:39
152.	9	Mel	Boyle	m	M50-54		00:16:28	90.	00:01:56	00:47:38	171.	25,1	00:01:22	00:28:27	148.	+33:02	01:35:53
153.	154	Paul	McClellan	m	M40-44		00:16:52	105.	00:01:49	00:47:18	167.	25,3	00:01:13	00:28:45	152.	+33:07	01:35:58
154.	222	Shane	Sheridan	m	M35-39		00:32:25	200.	00:01:16	00:41:31	112.	28,8	00:00:30	00:20:29	15.	+33:21	01:36:12
155.	193	Oliver	Murphy	m	M40-44	Omagh TC	00:18:51	145.	00:02:33	00:43:15	126.	27,7	00:01:02	00:30:36	173.	+33:27	01:36:19
156.	207	Billy	Orr	m	M60		00:20:23	163.	00:01:25	00:44:47	146.	26,7	00:01:15	00:28:40	151.	+33:42	01:36:34
157.	54	Orla	Doherty	f	F50-54	247 TriathlonClub	00:22:16	182.	00:01:30	00:44:03	134.	27,2	00:00:57	00:27:53	133.	+33:49	01:36:40
158.	172	Ciaran	Mchugh	m	M50-54	Omagh TC	00:16:34	97.	00:02:14	00:44:43	145.	26,8	00:01:20	00:32:29	181.	+34:30	01:37:21

Rank	Bib	Name	Last	Sex	Age	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Gap	Finish
159.	114	Andrea	Kennedy	f	F50-54		00:22:12	180.	00:02:14	00:45:18	152.	26,4	00:01:44	00:25:52	102.	+34:30	01:37:22
160.	28	Christine	Clarke	f	F45-49	Templemore Triathlon Club	00:22:42	185.	00:02:54	00:44:13	138.	27,1	00:01:37	00:26:28	117.	+35:05	01:37:57
161.	243	Declan	Woods	m	M40-44	Armagh Pikekickers	00:16:38	98.	00:00:44	00:49:33	179.	24,2	00:01:28	00:29:50	164.	+35:23	01:38:15
162.	206	Neil	O'rouke	m	M50-54	Sligo Tri Club	00:18:55	146.	00:01:24	00:49:21	175.	24,3	00:03:03	00:26:27	116.	+36:20	01:39:11
163.	127	Aaron	Magerr	m	M25-29		00:21:39	176.	00:02:05	00:46:58	165.	25,5	00:01:20	00:27:13	124.	+36:26	01:39:18
164.	219	Rachel	Ryan	f	F25-29		00:18:35	136.	00:03:17	00:49:30	178.	24,2	00:01:41	00:26:26	115.	+36:40	01:39:32
165.	71	Nikki	Ellis	f	F30-34	Tri Limits TC	00:19:45	157.	00:00:45	00:48:50	173.	24,5	00:01:19	00:29:48	163.	+37:37	01:40:28
166.	159	Kim	McCourt	f	F35-39	Templemore Triathlon Club	00:18:56	147.	00:01:55	00:47:36	170.	25,2	00:01:06	00:30:55	174.	+37:40	01:40:31
167.	116	conal	keown	m	M50-54		00:24:13	188.	00:02:19	00:44:48	147.	26,7	00:00:44	00:28:28	149.	+37:43	01:40:34
168.	131	Anne	Martin	f	F55-59	Cuilcagh TC	00:20:34	169.	00:02:10	00:46:04	157.	26,0	00:01:16	00:31:01	175.	+38:15	01:41:07
169.	30	Laura	Colhoun	f	F40-44	Omagh TC	00:18:36	137.	00:00:13	00:51:30	184.	23,3	00:00:47	00:30:27	171.	+38:43	01:41:34
170.	208	Emily	Paisley	f	F30-34		00:17:16	116.	00:02:04	00:52:44	190.	22,7	00:01:31	00:28:10	140.	+38:55	01:41:47
171.	101	Dervla	Heaney	f	F20-24		00:18:41	139.	00:02:24	00:52:12	189.	22,9	00:00:34	00:28:02	138.	+39:03	01:41:55
172.	52	Julie	Doherty	f	F45-49	Northwest TC	00:22:01	178.	00:02:51	00:46:10	158.	25,9	00:00:37	00:30:21	169.	+39:11	01:42:02
173.	86	Jacquelin	Gillespie	f	F35-39	Omagh TC	00:19:46	159.	00:01:33	00:51:26	183.	23,3	00:01:02	00:28:23	147.	+39:21	01:42:12
174.	93	Karen	Hall	f	F45-49	Olympian Triathlon Club	00:16:21	85.	00:01:52	00:47:26	168.	25,2	00:01:11	00:35:28	188.	+39:28	01:42:19
175.	340	Karen	Mullin	f	F35-39		00:17:36	124.	00:02:11	00:53:15	192.	22,5	00:01:23	00:28:32	150.	+40:07	01:42:59
176.	341	Ruairi	O'Donnell	m	M35-39		00:21:09	172.	00:01:40	00:52:50	191.	22,7	00:00:59	00:26:25	114.	+40:14	01:43:05
177.	143	Michaela	McAnespie	f	F25-29		00:19:28	154.	00:03:14	00:53:23	193.	22,4	00:00:36	00:26:44	119.	+40:35	01:43:26
178.	18	Jonathan	Caldwell	m	M50-54	Brown Shoes TC	00:18:42	140.	00:01:39	00:49:44	180.	24,1	00:01:17	00:32:21	180.	+40:54	01:43:46
179.	49	Anne	Devlin	f	F55-59	Olympian Triathlon Club	00:20:25	166.	00:03:03	00:49:22	176.	24,3	00:01:51	00:29:15	159.	+41:07	01:43:59
180.	88	Enda	Glacken	m	M35-39		00:18:45	142.	00:03:08	00:46:28	162.	25,8	00:00:40	00:35:08	187.	+41:18	01:44:09
181.	176	Adrian	McMenamin	m	M60		00:20:25	165.	00:02:02	00:44:37	144.	26,8	00:01:20	00:36:29	189.	+42:04	01:44:55
182.	113	Neil	Kemmy	m	M30-34		00:20:47	170.	00:01:15	00:49:08	174.	24,4	00:00:54	00:33:27	185.	+42:42	01:45:33
183.	40	Jenna	Crawford	f	F35-39	Cuilcagh TC	00:19:03	148.	00:02:48	00:50:31	182.	23,7	00:00:40	00:33:56	186.	+44:08	01:47:00
184.	205	Sheena	O'Neill	f	F55-59	Island TC	00:26:37	195.	00:01:55	00:46:37	164.	25,7	00:01:42	00:30:25	170.	+44:27	01:47:19
185.	42	Linda	Cunningham	f	F55-59	Down TC	00:18:48	144.	00:01:26	00:55:36	196.	21,5	00:00:29	00:31:06	177.	+44:37	01:47:28
186.	125	Sarah	Mackle	f	F35-39	Tri Limits TC	00:37:58	201.	00:04:34	00:34:04	15.	35,2	00:02:47	00:28:05	139.	+44:39	01:47:30
187.	19	Martina	Callaghan	f	F45-49	Northwest TC	00:20:57	171.	00:01:47	00:51:36	185.	23,2	00:00:45	00:32:36	182.	+44:52	01:47:43
188.	72	Natalie	Ellis	f	F40-44		00:24:46	190.	00:01:34	00:44:23	140.	27,0	00:01:38	00:37:40	192.	+47:13	01:50:04
189.	184	Jacquelin	Moore	f	F55-59	Down TC	00:22:58	186.	00:00:55	00:52:05	188.	23,0	00:00:50	00:33:18	184.	+47:17	01:50:08
190.	146	Gabrielle	Mcbrien	f	F60-64	Tri Limits TC	00:22:29	183.	00:02:01	00:47:34	169.	25,2	00:01:32	00:38:27	194.	+49:13	01:52:04
191.	316	Albert	Law	m	M65-69		00:28:04	197.	00:04:03	00:49:29	177.	24,2	00:03:09	00:27:20	127.	+49:16	01:52:07
192.	238	Nicola	Weir	f	F45-49	Brown Shoes TC	00:30:28	199.	00:01:21	00:49:54	181.	24,0	00:01:44	00:30:04	167.	+50:43	01:53:34
193.	148	Thomas	McCaffrey	m	M45-49	Cuilcagh TC	00:21:33	175.	00:01:24	00:52:00	186.	23,0	00:00:32	00:38:54	195.	+51:34	01:54:25
194.	25	Aideen	Casey	f	F50-54		00:27:10	196.	00:01:29	00:52:00	187.	23,0	00:01:24	00:37:59	193.	+57:11	02:00:03
195.	12	Kerry	Breen	f	F40-44		00:22:15	181.	00:01:53	00:58:44	198.	20,4	00:01:10	00:37:25	190.	+58:37	02:01:28
196.	135	Majella	McCullagh	f	F65-69	Omagh TC	00:25:40	191.	00:01:19	00:55:30	195.	21,6	00:00:32	00:39:15	196.	+59:27	02:02:18
197.	106	Sharon	Hurson	f	F35-39	Omagh TC	00:26:21	192.	00:03:00	00:56:55	197.	21,0	00:01:17	00:37:29	191.	+62:13	02:05:05
198.	192	Rachel	Murphy	f	F40-44		00:29:08	198.	00:02:13	00:54:02	194.	22,2	00:01:02	00:41:09	197.	+64:45	02:07:36
DNF	10	Emmet	Boyle	m	M40-44	Northwest TC	00:15:18	60.	00:01:15								

Rank	Bib	Name	Last	Sex	Age	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Gap	Finish
DNF	103	Paul	Higgins	m	M55-59	Island TC	00:16:22	86.	00:01:24								

Omagh Try A Tri 22

1.	337	Ryan	Mercer	m	M35-39	Lisburn TC	00:07:37	6.	00:00:52	00:17:00	1.	70,5	00:01:35	00:10:51	6.	-	00:37:57
2.	327	Gerard	McErlean	m	M30-34	Lisburn TC	00:07:31	5.	00:01:25	00:19:32	3.	61,4	00:01:04	00:10:03	1.	+1:39	00:39:37
3.	326	Padraig	McDermott	m	M16-19	Omagh TC	00:06:13	1.	00:01:25	00:20:26	5.	58,7	00:00:51	00:11:22	12.	+2:21	00:40:19
4.	307	Cormac	Donnelly	m	M16-19		00:07:47	8.	00:01:39	00:22:18	12.	53,7	00:00:18	00:10:26	2.	+4:32	00:42:30
5.	322	Conal	Mcaleer	m	M16-19	Omagh TC	00:08:35	9.	00:01:43	00:21:26	10.	55,9	00:00:17	00:11:16	10.	+5:21	00:43:18
6.	329	John	McGuigan	m	M40-44		00:09:20	12.	00:01:19	00:20:17	4.	59,1	00:00:41	00:12:02	19.	+5:45	00:43:42
7.	318	Shaun	Lynch	m	M35-39	Strabane Triathlon Club	00:09:42	13.	00:01:36	00:21:02	8.	57,0	00:00:23	00:11:25	14.	+6:14	00:44:11
8.	91	Danny	Gorman	m	M30-34		00:10:19	21.	00:01:02	00:21:22	9.	56,1	00:01:13	00:10:31	3.	+6:32	00:44:29
9.	162	John	McDermott	m	M35-39		00:13:31	37.	00:01:46	00:17:07	2.	70,0	00:00:52	00:11:19	11.	+6:40	00:44:38
10.	317	Mark	Lilley	m	M35-39		00:09:42	14.	00:01:27	00:21:29	11.	55,8	00:00:56	00:11:13	9.	+6:52	00:44:50
11.	303	Paul	Christian	m	M35-39		00:10:23	22.	00:01:48	00:20:53	7.	57,4	00:01:22	00:10:46	5.	+7:16	00:45:13
12.	324	Joanne	McCauley	f	F45-49	Armagh Pikekickers	00:08:46	11.	00:00:41	00:23:49	20.	50,3	00:01:19	00:10:53	7.	+7:33	00:45:30
13.	334	Megan	McLaughlin	f	F25-29		00:10:15	19.	00:01:14	00:23:14	17.	51,6	00:00:23	00:10:34	4.	+7:44	00:45:42
14.	314	Duncan	Hyndman	m	M35-39		00:08:43	10.	00:01:33	00:24:02	22.	49,9	00:00:54	00:11:04	8.	+8:19	00:46:17
15.	76	Nichola k	Fitzgerald	f	F30-34		00:09:58	15.	00:01:25	00:22:35	14.	53,0	00:00:54	00:11:35	15.	+8:32	00:46:30
16.	244	Seamus	Maguire	m			00:10:55	27.	00:01:19	00:20:27	6.	58,6	00:01:29	00:13:29	24.	+9:43	00:47:41
17.	333	Rebecca	Mckenzie	f	F40-44		00:10:47	26.	00:01:10	00:23:42	19.	50,6	00:00:28	00:11:41	16.	+9:52	00:47:49
18.	315	Joey	Kelly	f	F35-39		00:10:11	18.	00:01:38	00:22:28	13.	53,4	00:01:30	00:12:32	21.	+10:23	00:48:21
19.	306	Aodhan	Curran	m	M16-19	Omagh TC	00:07:12	2.	00:01:10	00:25:21	25.	47,3	00:00:42	00:14:59	32.	+11:30	00:49:27
20.	321	Joanne	Martin	f	F40-44	Cuilcagh TC	00:12:03	31.	00:02:00	00:24:09	23.	49,6	00:01:02	00:11:23	13.	+12:41	00:50:39
21.	328	Orla	McGuigan	f	F35-39		00:11:31	29.	00:00:51	00:24:31	24.	48,9	00:00:43	00:13:12	22.	+12:52	00:50:50
22.	319	Claire	Magee	f	F45-49		00:11:34	30.	00:01:46	00:23:38	18.	50,7	00:00:29	00:13:37	25.	+13:08	00:51:05
23.	346	Aimee	Sweeney	f	F25-29		00:11:15	28.	00:01:03	00:23:09	15.	51,8	00:00:36	00:15:18	33.	+13:25	00:51:22
24.	339	Sara	Moore	f	F40-44		00:10:02	16.	00:01:17	00:27:24	30.	43,7	00:00:33	00:12:15	20.	+13:36	00:51:33
25.	343	David	O'Hanlon	m	M35-39		00:10:24	23.	00:01:03	00:23:10	16.	51,7	00:01:38	00:15:32	34.	+13:51	00:51:48
26.	312	Maeve	Heaney	f	F16-19		00:07:20	4.	00:01:23	00:28:25	34.	42,2	00:00:37	00:14:42	30.	+14:32	00:52:29
27.	304	Mairead	Corrigan	f	F16-19	Omagh TC	00:07:15	3.	00:01:46	00:28:16	32.	42,4	00:00:23	00:14:55	31.	+14:40	00:52:37
28.	250	Amy	Ohora	f	F20-24		00:10:39	25.	00:03:59	00:25:43	26.	46,6	00:00:45	00:11:53	17.	+15:03	00:53:01
29.	338	Tracey	Mimna	f	F35-39		00:12:57	35.	00:01:19	00:23:55	21.	50,1	00:00:26	00:14:27	28.	+15:09	00:53:06
30.	344	Brenda	Shannon	f	F50-54	Cuilcagh TC	00:12:50	34.	00:00:35	00:27:00	29.	44,4	00:00:40	00:13:40	26.	+16:49	00:54:47
31.	342	Marianne	O'Connor	f	F40-44		00:10:38	24.	00:01:57	00:28:17	33.	42,4	00:00:52	00:14:17	27.	+18:05	00:56:02
32.	311	Dymphna	Healy	f	F60-64		00:10:16	20.	00:01:58	00:28:14	31.	42,4	00:01:08	00:14:30	29.	+18:10	00:56:08
33.	310	Jonathan	Hadley	m	M35-39		00:13:08	36.	00:02:36	00:28:30	35.	42,0	00:00:42	00:11:54	18.	+18:55	00:56:52
34.	336	Brett	McLean	m	M16-19		00:07:40	7.	00:01:26	00:26:50	28.	44,7	00:00:47	00:21:09	37.	+19:57	00:57:54
35.	313	Emma	Hood	f	F25-29		00:12:21	32.	00:03:41	00:26:16	27.	45,6	00:01:48	00:16:46	35.	+22:55	01:00:53
36.	309	Oonagh	Given	f	F50-54		00:12:50	33.	00:03:02	00:30:51	36.	38,8	00:00:50	00:13:20	23.	+22:57	01:00:55

Rank	Bib	Name	Last	Sex	Age	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Gap	Finish
37.	302	Clíodhna	Casey	f	F16-19		00:10:10	17.	00:01:10	00:38:08	37.	31,4	00:00:42	00:18:09	36.	+30:23	01:08:20

Number of records: 237